Π How big you grew up! You're like

Week 1-2 dust thread	Week 9 grape grain
Week 3 poppy seed	Week 10 strawberry
Week 4 mustard seed	Week 11 fig
Week 5 sesame seed	Week 12 lime
<b>Week 6</b> pea grain	Week 13 tangerine
Week 7 blueberry	Week 14 lemon
Week 8 raspberry	Week 15 apple

green onions

Week 31 bunch of

Week 19 coconut

Week 18 pepper

**Week 20** banana

Week 21 carrot

Week 30 cabbage

Week 29 long pumpkin

Week 17 large pear

Week 16 avocado

Week 25-28 pineapple

Week 32 chinese cabbage

Week 37-42 watermelor

**22-24** papaya

Week 2

Week 33-36 melon

# medpark

# Pregnancy monitoring package MOM TO BE

Out of respect for expectant mothers and with love for the baby that will born, Medpark has created the "Mom to be" pregnancy evidence and monitoring package.

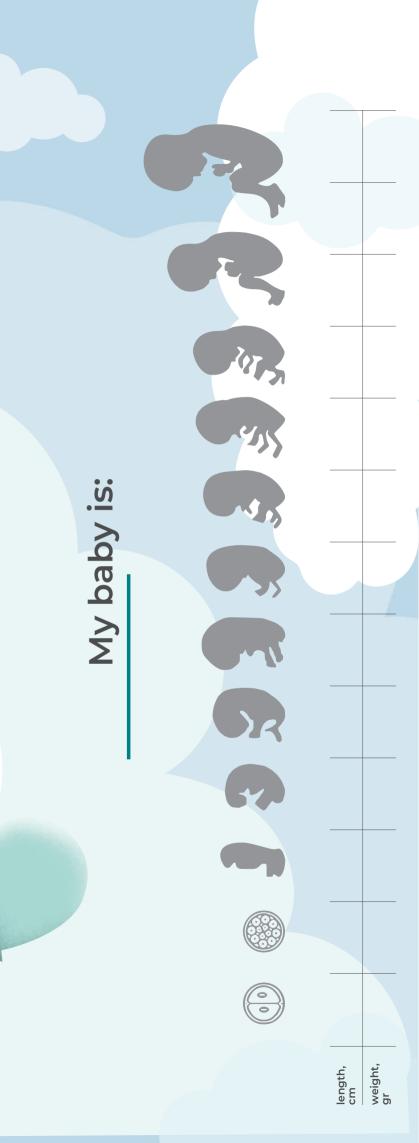
The package enters into force from the 10<sup>th</sup> to 12<sup>th</sup> week of pregnancy, at which time any pregnant woman must be registered with an authorized medical institution.

The evidence and monitoring of pregnancy is done by the family doctor and the gynecologist, being performed consultations, investigations and analyzes recommended at each term of the pregnancy, provided by the legislation in force, but also a set of additional investigations, according to international standards.

## EVIDENCE OF PREGNANCY AT MEDPARK MEANS:

- » Primary care and supervision of pregnancy during the prenatal period;
- Issuance and continuous update of the individual file of the pregnant woman (form 111E) and the perinatal card (form 113E) with all the information about evolution of pregnancy and the state of health of the pregnant woman, according to the national standards in force;
- » Issuance of medical and maternity leave certificates;
- » Elaboration and completion of medical documents necessary for the granting of maternity allowance and other benefits guaranteed by the state;
- » 24/7 emergency medical services;
- » Multidisciplinary team of experienced specialists;
- » No queues at medical offices;
- Tracking the pregnancy schedule for the expectant mother and inviting her to the next stage of monitoring;
- » Educational programs for future parents;
- Continuity of processes: pregnancy planning, pregnancy monitoring, childbirth, childcare - all in a professional, friendly and comfortable environment.

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## Pregnancy monitoring package "Mom to be"

<ul> <li>&gt; Family doctor consultation</li> <li>&gt; Obstetrician-gynecologist consultation</li> <li>&gt; Repeated family doctor consultation</li> <li>&gt; Ophthalmologist consultation</li> <li>&gt; Ultrasound 1 at 11-14 weeks (recommended at 12-13 weeks)</li> <li>&gt; Double test (1<sup>st</sup> trimester prenatal screening)</li> <li>In case if the monitoring starts after 14 weeks of pregnancy:</li> <li>&gt; Triple test (2<sup>nd</sup> trimester prenatal screening)</li> <li>&gt; Ultrasound 1 at 16-18 weeks</li> </ul>	Registration up to 12 weeks	<ul> <li>&gt; Uroculture (with antibiogram, antifungi- gram (by prescription))</li> <li>&gt; General urine analysis</li> <li>&gt; RPR syphilis</li> <li>&gt; Blood group (OAB+Rh+Kell)</li> <li>&gt; Anti-Rh antibodies (if the pregnant woman have negative Rh)</li> <li>&gt; General blood test</li> <li>&gt; ESR</li> <li>&gt; HIV (AIDS) - 1+2 HIV antibodies and antigen</li> <li>&gt; Gynecological smear</li> <li>&gt; Viral hepatitis B – HBs antigen</li> <li>&gt; Serum glucose blood test</li> <li>&gt; TSH (thyroid stimulating hormone)</li> <li>&gt; Viral hepatitis C – anti-HCV antibodies</li> </ul>
> Family doctor consultation	16-18 weeks	> General urine analysis
<ul> <li>&gt; Obstetrician-gynecologist consultation</li> <li>&gt; Ultrasound 2 (recommended at 20 weeks)</li> </ul>	18-21 weeks	
<ul> <li>&gt; Family doctor consultation</li> <li>* Obstetrician-gynecologist consultation (Twins)</li> <li>* Ultrasound 3 + Doppler (Twins)</li> </ul>	22-24 weeks	<ul> <li>&gt; Glucose tolerance test (75g) (24-28 weeks of pregnancy)</li> <li>&gt; Urinary protein</li> </ul>
<ul> <li>&gt; Family doctor consultation and issuing documents for the maternity leave</li> <li>&gt; Obstetrician-gynecologist consultation</li> <li>&gt; Ultrasound 3 + Doppler at 28-30 weeks</li> <li>* Ultrasound 4 + Doppler (Twins)</li> </ul>	28-30 weeks	<ul> <li>&gt; General blood test</li> <li>&gt; ESR</li> <li>&gt; Anti-Rh antibodies (if the pregnant woman have negative Rh)</li> <li>&gt; RPR syphilis</li> <li>&gt; Urinary protein</li> <li>&gt; Serum ferritin</li> </ul>
<ul> <li>&gt; Family doctor consultation</li> <li>&gt; Obstetrician-gynecologist consultation</li> <li>* Ultrasound 5 + Doppler (Twins)</li> </ul>	32-33 weeks	<ul> <li>&gt; General blood test</li> <li>&gt; ESR</li> <li>&gt; Urinary protein</li> </ul>
<ul> <li>&gt; Family doctor consultation</li> <li>&gt; Obstetrician-gynecologist consultation</li> <li>&gt; Ultrasound 4 + Doppler at 35-36 weeks (recommended at 37 weeks)</li> <li>* Ultrasound 6 + Doppler at 35-36 weeks (recommended at 37 weeks) (Twins)</li> </ul>	35-36 weeks	<ul> <li>&gt; General blood test</li> <li>&gt; ESR</li> <li>&gt; Anti-Rh antibodies (if the pregnant woman have negative Rh)</li> <li>&gt; Urinary protein</li> <li>&gt; Vaginal discharge - culture with antibiogram, antifungal by prescription</li> </ul>
<ul> <li>&gt; Family doctor consultation</li> <li>&gt; Obstetrician-gynecologist consultation</li> </ul>	38-40 weeks	<ul> <li>&gt; General blood test</li> <li>&gt; ESR</li> <li>&gt; Urinary protein</li> </ul>

#### **BONUS:**

» I consultation of a specialist doctor, at the family doctor recommendation » 1 obstetrician-gynecologist consultation, at the Emergency Department

### Basic Package Price: 19 800 MDL | Twins Package Price: 24 000 MDL

- » The additional extra-package analyzes required during the pregnancy are paid separately.
- » Medpark Maternity Ward is authorized by the Ministry of Health to provide level 2 perinatal care. If a pregnancy complication occurs during the 22-31/32 weeks, that requires hospitalization or premature birth, you will be redirected to the level 3 perinatal care centre.
- » Maternity leave (prenatal and postnatal) is issued by the Medpark family doctor.
- » The medical insurance policy for the pregnancy period and 40 days after birth, is issued by the sector polyclinic family doctor.

